

## Tucson Lymphatic Therapy, LLC

1601 N. Tucson Blvd, #37, Tucson, Arizona 85716 520.400.6763  
Lymphatic Drainage/Lymphedema Therapy & CranioSacral Therapy

Date: / /

Name:

home phone#

Address:

office/Cell#

zip code:

email:

How young are you?

Birth date / /

height/weight

Who referred you?

Blood pressure: Low Normal High BP medication? Y/N

Are you Diabetic? Y/N Insulin? Y/N

Past surgeries/year?(please circle) cancer\_\_\_\_\_ appendix/gallbladder

tonsils/thyroid joints(knee,hip,shoulder) gastro-intestinal

reproductive reconstructive/aesthetic back/neck other\_\_\_\_\_

Are you currently taking any **medications** or **supplements**? please list them.

What do you do for exercise?

How often?

Do you use weights? Y/N

How many glasses(8oz) of **water** daily? \_\_\_\_\_

Alcohol, if any, drinks a week\_\_\_\_\_ Do you smoke? Y/N

**\* muscles, bones & joints\*\*** (please circle)

backaches: upper/mid/lower mobility limitations? Y/N where?\_\_\_\_\_

Have you ever had a serious accident/fall/trauma Y/N when? \_\_\_\_\_

Do you have: numbness Spinal curvature disc stiff neck swollen joints

Sciatica fractured/ broken bones, where? \_\_\_\_\_ tendons

ligaments TMJ/TMD arthritis foot/ankle pain swelling

**\*\*gastro-intestinal\*\***(please circle)

liver kidney gall stones indigestion colitis diverticulitis irritable bowel

bloating/pain constipation/diarrhea weight gain celiac disease

**\*\*respiratory/cardiovascular\*\***(please circle)

COPD sleep apnea asthma hay fever congestion/cough ear aches tinnitus

eye pain bruise easily heart murmur poor circulation migraine headaches

cold hands/feet varicose veins lymphatic swelling/pain

**\*\*allergens:\*\*** **medications/foods/seasonal**

**\*\*\*\* I respectfully request a minimum cancellation notice of 24 hours. A fee of \$40.00 will be charged for "no-shows" or if appointment is not canceled at least 24 hours in advance\*\*\*\***

Your signature\_\_\_\_\_

Thank you, I look forward to working with you. Linda L. Frost, L.E., L.L.C.C.